

Supplementing
the Essentials

Bone Health

OrVit-D

Calcium 600mg

Vitamin C 400mg

Vitamin D₃ 2000IU

Zinc 5mg



**Support your bones today,
they will support you tomorrow**

*This product is registered
Enlistment No. 0060-0014*

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CALCIUM

A sufficient intake of calcium is important as it helps the body to

- Maintain healthy bones • Mediate blood vessel function and nerve impulse transmission

- * Absorb and use other micronutrients such as vitamin D, Vitamin K, magnesium, and phosphorus

The European Food Safety Authority (EFSA), has confirmed that clear health benefits have been established for the dietary intake of calcium in contributing to:

- The maintenance of normal bones and teeth; • Normal Muscle Function and neurotransmission;
- Normal blood clotting; • Normal energy metabolism; • The normal Function of digestive enzymes.



A sufficient intake of vitamin D (calciferol) is important as it helps the body to;

- Maintain healthy blood levels of calcium and phosphorus
- Build and maintain healthy bones
- Control cell division and specialization
- Modulate the immune system.

The European Food Safety Authority (EFSA), has

Calcium in contributing to:

- The maintenance of normal bones and teeth;
- The normal function of the Immune system and healthy inflammatory response;
- The maintenance of normal muscle function;
- Normal absorption/ utilization of calcium and phosphorus and maintenance of normal blood calcium

Concentrations; • Normal cell division.

